Please Bring only 1 suitcase

Items *required* to bring to camp:

- Sleeping bag or Bedding (sheets/blanket)
- Pillow
- Bible, notebook, pen
- Towel(s) and washcloths (no towels are provided)
- Flashlight
- Water bottle/thermos
- Slippers/thick socks (for the dorm rooms)
- Warm coat, warm hat, warm gloves (at night it gets very cold)
- Plenty of socks
- Shoes tennis shoes
- Plenty of jeans/sweats
- Plenty of shirts
- Toiletries
- Prescription Medicine with instructions, in original container

<u>Items suggested to bring:</u>

- Enough clothes—because layers are better for warmth.
- Disposable hand-warmers and foot-warmers (each usually lasts 8-10 hours)
- Sweat suits and/or sweatshirt.
- Scart
- Bathing Suit (we will be doing the polar plunge, this is optional)
- Night clothes (warm)
- Flip flops for in the shower or bathroom
- Remember to write your name on all personal items, including Bibles.

Don't Bring

- Items for Pranking
- Alcohol/drugs/vapes/cigarettes
- Anything considered weapons (pocketknives included)
- Bikinis, speedos, crop tops, spaghetti straps (it's too cold for that stuff anyways!)
- Fireworks
- iPad, iPod, Laptop, Smart Watch