

## **HLC GENERAL CAMP RULES**

- All medications are to be listed on the Medication Administration Form and turned in to the HLC medical staff at Check-in. All medications must be in the original container. Medications will be administered as per RX label instructions and dosage unless written, signed, and dated parental instructions state otherwise. Campers (adults & students) are not to share any medications including over-the-counter medications.
- 2. Campers (adults & students) who are ill or injured must be either in the HLC camp office, the HLC Health Center, or at the hospital. In the event of illness or injury, campers (adults & students) will not be permitted to remain in the bunkhouse rooms.
- 3. Prank supplies are not allowed in the bunkhouses or facility buildings e.g. body paint, glitter, confetti, water balloons, water guns, etc. unless under the supervision of HLC staff. There are no exceptions.
- 4. Adult supervision is required at the lake and pool. <u>At no time</u> is a student camper permitted to go to the lake or pool without adult supervision and HLC staff present. Lifejackets are required for lakefront activities regardless of a person's age or water safety ability.
- 5. Illegal drugs, alcohol, any form of tobacco including vapes and e-cigs, firearms, any kind of weapon, matches, lighters or personal fireworks are NOT allowed.
- 6. Keepsakes, valuable jewelry, collectibles, or memorabilia sportswear should not be brought to camp. HLC will not be responsible for the misplacing or theft of camper personal property.
- 7. Skateboards, rollerblades, and Heely roller shoes are not allowed. The use of personal or rental golf carts, motorcycles, drones, or any such motorized vehicle must be pre-authorized by HLC administration and a mandatory, signed HLC liability release must be on file in the HLC office.
- 8. Campers (adults & students) are discouraged from bringing food items. Snacks will attract ants in the bunkhouses. We suggest that if you bring snacks, the food be stored in tightly sealed containers, such as plastic storage containers or sealable plastic bags. No electric appliances to be used for food preparation are allowed. The HLC Snack Shack and General Store will be open throughout the day and each evening.
- 9. Campers (adults & students) are expected to reflect a Christian example by their dress. Sponsors, parents, and church leaders are responsible for the clothing and appearance of the youth and adults attending camp. The manner of dress should be set and clearly communicated prior to leaving home. Modest skirts, dresses, shorts and jeans are acceptable in worship. Immodest shorts or tops, small tank tops, tight clothes, spaghetti strap tops, distasteful designs or messages, cheer shorts, and other extreme clothes are not acceptable at any time. If you wear tight yoga style pants, shorts must be worn over them. While swimming, for females, one-piece swimwear or tankinis that cover the mid-waist are preferred. All other swimwear requires a dark colored t-shirt to be worn over them at all times including while in the water. For males, no speedo, tight style swimwear. Swimwear is only allowed at swimming activities. Otherwise, all persons must wear normal attire. Campers may be asked to change their attire if an adult or HLC staff feels their dress is inappropriate.
- 10. Refrain from public display of affection with others.
- 11. Under NO circumstances are females to be in male bunkhouses or males in female bunkhouses.
- 12. No fighting or inappropriate/profane language is allowed.
- 13. Students are to respect all adult leaders and follow their instructions. All adults (members of HLC staff & leadership team, church leadership teams, and adult volunteers are in places of authority over all students. HLC staff and volunteers have been trained to facilitate each activity.
- 14. Campers (adults & students) must attend all scheduled events. If your group is at an activity, you must be with them. There are no exceptions to this unless the camper (adult & student) is injured or sick and are at the HLC camp office, the HLC Health Center, or at the hospital.
- 15. Campers (adults & students) MUST be in the bunkhouse by designated camp curfew. Curfew is for the safety and well-being of campers and staff.
- 16. For Summer Program & Rental Camps, each Camper (adult & student) will be issued a nametag upon arrival and must be worn at all times. Name Tags are required at the Health Center before a camper can be given medical attention or medication and at the Snack Shack/General Store for camp account usage.
- 17. Students are not allowed to leave Highland Lakes Camp without proper parental written authorization and approval of HLC Administrative Staff.
- 18. Campers (adults & students) are not permitted to bring pets on Highland Lakes Camp property or into any Highland Lakes Camp building. Leave all pets at home. Seeing eye and service dogs on a leash and under immediate control of the owner are accepted.
- 19. Campers (adults & students) and/or church group leadership will be held financially responsible for any property damages that occur during their stay at HLC. Campers should refrain from writing on furniture or walls. Do not use duct tape to affix signs to doors or walls.
- 20. For your safety, quests are not allowed on any HLC "Restricted" property areas.
- 21. For the safety of campers (adults & students) who participate in the Hexapod Adventure and/or Zip Line, the following guidelines are to be followed:
  - a. Participants **must** wear closed-toe shoes and no wind shorts or loose-fit clothing.
  - b. Participants with shoulder length hair or longer must put their hair in a ponytail or braid.